

Good Luck With That by Kristin Higgins Book Club

1. What do you think of the alternating 1st person narration?
2. Is the Prologue with Marley, Emerson and Georgia in a lake at weight loss camp as 18 year old a good place to start the story?
3. What do you think of Emerson's story emerging through her diary?
4. How do you feel about her first diary entry being about a dream version of herself?
5. Does the switch to Marley's brain feel natural?
6. Who is your favorite of the three main characters?
7. Marley thinks about the fact that all three of the women were always heavy, do you think weight issues are different when women weren't always overweight?
8. Marley states estimating weight is one of the superpowers of the fat, do you agree?
9. Has anyone watched the fat shaming shows on television?
10. The perspective changes to Georgia after Emerson dies, is this a good change?
11. What do you think of Ruth, Emerson's caretaker?
12. Who is your favorite character?
13. Who is your least favorite character?
14. Why are the descriptions of the food important?
15. How do you feel about the list of Things We'll Do When We're Skinny? (pg 30)
16. One of the girls in Georgia's class is named Khaleesi, does it make you giggle?
17. What do you think of Mason?
18. All of the women in the book have backstories that relate to their weight issues, is this realistic?
19. What do you think of Georgia's memories of her relationship with Rafe?
20. Do you agree that most couples who come to therapy are already done with their marriages?
(Pg 144)
21. Did you expect Emerson to leave a 3 million dollar estate?
22. What did you think of the rabbits at the talent show?
23. Is this a romance?
24. Did you like the ending?
25. Did you like the book?